

RECOMMENDATION FOR TRAVELLERS

who travel **TO China or other regions** affected with novel coronavirus (2019-nCoV)

There is an ongoing outbreak of respiratory illness caused by a novel (new) coronavirus (2019-nCoV) that can be spread from person to person. Outbreak started in Chinese city Wuhan, province Hubei. Cases are confirmed also in other parts of China.

World Health Organisation and European Centre for Disease Prevention and Control recommended measures which travelers to China or other regions affected with novel coronavirus should follow, in order to reduce the risk of acute respiratory infections.

Chinese officials have closed transport within and out of Wuhan and other areas in Hubei Province, including buses, subways, trains and the international airport.

Travellers to China from Republic of Srpska should obtain following preventive measures:

- **Avoid close contact** with anyone who has fever and cough.
- **Avoid animals** (alive or dead), animal markets, and products that come from animals (such as uncooked meat).
- **The consumption of raw or undercooked animal products should be avoided.** Raw meat, milk or animal organs should be handled with care, to avoid cross-contamination with uncooked foods, as per good food safety practices.
- **Frequently clean hands** by using soap and water or alcohol-based hand rub.
- **Discuss travel to Wuhan with your health care provider.** Older adults and travelers with underlying health issues may be at risk for more severe disease.
- **In case of developing of respiratory symptoms** (fever, cough or difficulty breathing) during the trip, seek medical care immediately. Before you go to a doctor's office or emergency room, call ahead and tell them about your recent travel and your symptoms.

RECOMMENDATION FOR TRAVELLERS

who travel **FROM China or other regions** affected with novel coronavirus (2019-nCoV)

Leading symptoms of respiratory illness caused by a novel (new) coronavirus (2019-nCoV) are:

- fever;
- cough;
- difficulty breathing.

If you travelled to Hubei Province, China, including Wuhan, or other regions affected with novel coronavirus 2019-nCoV in the last 14 days and feel sick with fever, cough or difficulty breathing, you should:

- **Seek medical care immediately.** Before you go to a doctor's office, call ahead and tell them about your recent travel and your symptoms. If you don't have selected medical doctor, call emergency room or epidemiologist.
- **You should not travel while sick.**
- **Avoid contact with others.** If that is not possible, wear a surgical mask that covers the nose and mouth while you are in contact with other people.
- **When coughing and sneezing, cover mouth and nose** with tissue (throw tissue away immediately and wash hands) or with flexed elbow. Do not cover your mouth and nose with hands.
- **Wash hands often** with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer if soap and water are not available.



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